



SAVE THE DATE:

Restless Outreach Ministry will be going to a Community Housing Facility located at 2743 Victoria Park Ave, in Scarborough.

Volunteers will be meeting at Sacred Heart Parish Hall on Friday, October 20 after the 7pm mass to help to prepare with 350 lunch bags, letter writing, and organizing the clothing items. It would be greatly appreciated if we can have volunteers to donate fresh trays of pasta (in need of about 10 large lasagna trays of pasta).

Bus will depart at 11am on Saturday, October 21 and will be returning at approximately 3:30pm. To reserve a spot on the bus please email us at restless.sacredheartparish@gmail.com. Please keep in mind that there is a 50 person limit on the bus, so first come, first serve. If you prefer to drive, then just follow the bus heading down. We encourage all families and especially the youth to join us in doing God's work.

WHAT WE NEED:

- New or Gently used: Gloves, Hats, Scarfs, Coats, Boots and brand new Socks. ***mens, women and kids sizes***
- Travel sized: Shampoo, Conditioner, Soap bars, and deodorants.
- New or Gently used: winter clothing.
- ***FINANCIAL DONATIONS* in order for us to purchase additional items needed.**

ANY ITEM DROP OFF PLEASE HEAD TO THE BACK OF THE PARISH HALL (RECYCLING BINS) NOTE:

If you would like to purchase a Restless T-shirt (ONLY MEDIUM AND LARGE) please email us and we will provide details, cost will be \$25 to purchase.