



SACRED HEART CHURCH

Restless
Sacred Heart Parish, King City

**RESTLESS OUTREACH MINISTRY
INVITES ALL PARISHIONERS, YOUTH, FRIENDS & FAMILY TO:**



FEED *the*
HUNGRY

DONATIONS NEEDED:
JARS OF STORE BOUGHT PASSATA ONLY
OVEN READY LASAGNA SHEETS
(SUCH AS MOLISANA)
MOZZARELLA CHEESE
(PLEASE PLACE IN HALL KITCHEN FRIDGE)
GRANOLA BARS
FRUIT CUPS
CANS OF TUNA
PEANUT BUTTER, JAM, JUICE BOXES

**ACCEPTING DONATIONS
NOW UNTIL OCTOBER 17**

**JOIN US ON
FRIDAY, OCTOBER 17, 2025
FOLLOWING 7PM MASS TO
PREPARE FOOD TO BE
DISTRIBUTED TO
HOMELESS SHELTERS IN
YORK REGION**

DROP-OFF LOCATION:

Sacred Heart Parish Hall -
designated bins in the front
entrance

**FOR MORE INFORMATION ON WAYS YOU CAN HELP
OR TO SIGN UP PLEASE EMAIL:
restlessSacredHeartKingCity@gmail.com**