

First Friday Adoration Vigil at Sacred Heart Parish in King City

Spend a night with Jesus in the Blessed Sacrament **every First Friday of the month** following the 7 p.m. Friday mass. The Sacrament of Reconciliation is available before Exposition. The evening consists of Adoration of the Blessed Sacrament, personal quiet contemplation, hymns of praise and worship, and the Rosary of the Father. This makes possible for both personal and communal reparation to the Sacred Heart of Jesus and the Immaculate Heart of Mary. Those who are fasting are encouraged to bring some light refreshments to be shared at midnight in the parish hall. Recitation of the four scriptural rosaries commences at 1 a.m., alternating vocal group prayer with silent contemplation. Divine Mercy is sung at 3 a.m. First Saturday devotions begin at 6 a.m. with the Angelus and the Joyful Rosary. Benediction of the Blessed Sacrament is given by Fr. John Arulthas M., O.S.A., the Pastor of Sacred Heart, The First Saturday Mass begins at 8:30 a.m. Worshippers are free to join at any point throughout the night and can stay as long as they like. Access to the church is through the breezeway (doors between the Church and Parish Hall). If you have any questions, please contact our Sacred Heart Parish Office at 905 833-1161.