

# *Love in Action*

1st Annual Hospitality Ministry Forum  
Sacred Heart Parish

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KING CITY, ONTARIO

SEPTEMBER 17, 2022


# What's the Plan?

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- **Welcoming Remarks** – Jeremy Paulus (Hospitality Ministry Coordinator, Sacred Heart Parish) 5 mins
- **Biblical Context** Fr. John Arulthas Mariyanayagam, O.S.A. (Pastor, Sacred Heart Parish) 15 mins
- **Greeting from Archdiocese** – Quentin Schesnuik (Associate Director, Parish Vitality & Stewardship, Archdiocese of Toronto) 15 mins
- **St. Augustine on Hospitality** – Jeremy Paulus 10 mins
- **Compassion for Hospitality** – Kathy Matusiak Costa (Executive Director, Compassionate Community Care) 35 mins
- ***Refreshment Break – Go Meet Others*** 15 mins
- **Compassion for Hospitality (Continued)** – Kathy Matusiak Costa 45 mins
- **Accessibility & Screening** – Michael Denobrega (Volunteer Coordinator, Sacred Heart Parish) 15 mins
- **What's Next?** – Jeremy Paulus 10 mins
- **Loving Fellowship** – Depart in Peace

# Why a Forum?

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- We'll have a fun morning with Hospitality Ministers, and other leaders, from Sacred Heart Parish to form a better understanding of the importance of creating a loving environment at our parish.
  - Hospitality Leaders across the Archdiocese of Toronto are invited and encouraged to share experiences and thoughts to enrich our time together.
  - All are encouraged to be open to new thinking about hospitality and to actively meet others for potential future partnerships.
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# Hospitality Ministry at Sacred Heart Parish

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*The Ministry of Hospitality supports the Liturgy at Sacred Heart Parish by helping to establish a climate of love, welcomeness, helpfulness and order among those gathered. We assist the assembly with practical details so that the Liturgy and Sacred Rites can be celebrated with ease and grace for all participating.*

# Biblical Context

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FR. JOHN ARULTHAS MARIYANAYAGAM, O.S.A.  
PASTOR, SACRED HEART PARISH

# Old Testament on Hospitality

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- **Genesis 18:1-8**

**18** The Lord appeared to Abraham by the oaks of Mamre, as he sat at the entrance of his tent in the heat of the day. **2** He looked up and saw three men standing near him. When he saw them, he ran from the tent entrance to meet them, and bowed down to the ground. **3** He said, “My lord, if I find favor with you, do not pass by your servant. **4** Let a little water be brought, and wash your feet, and rest yourselves under the tree. **5** Let me bring a little bread, that you may refresh yourselves, and after that you may pass on—since you have come to your servant.” So they said, “Do as you have said.” **6** And Abraham hastened into the tent to Sarah, and said, “Make ready quickly three measures of choice flour, knead it, and make cakes.” **7** Abraham ran to the herd, and took a calf, tender and good, and gave it to the servant, who hastened to prepare it. **8** Then he took curds and milk and the calf that he had prepared, and set it before them; and he stood by them under the tree while they ate.

# New Testament on Hospitality

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- **Matthew 25:40** - And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me.'
- **1 Timothy 3:2** - Now a bishop must be above reproach, married only once, temperate, sensible, respectable, hospitable, an apt teacher, not a drunkard, not violent but gentle, not quarrelsome, and not a lover of money.
- **Titus 1:8** - but he must be hospitable, a lover of goodness, prudent, upright, devout, and self-controlled.
- **1 Peter 4:9** - Be hospitable to one another without complaining.

# Greeting from Archdiocese

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QUENTIN SCHESNUIK

ASSOCIATE DIRECTOR, PARISH VITALITY & STEWARDSHIP,  
ARCHDIOCESE OF TORONTO



# The Importance of Hospitality



Archdiocese  
of Toronto

# St. Augustine on Hospitality

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JEREMY PAULUS

HOSPITALITY MINISTRY COORDINATOR, SACRED HEART PARISH

# Who is St. Augustine of Hippo

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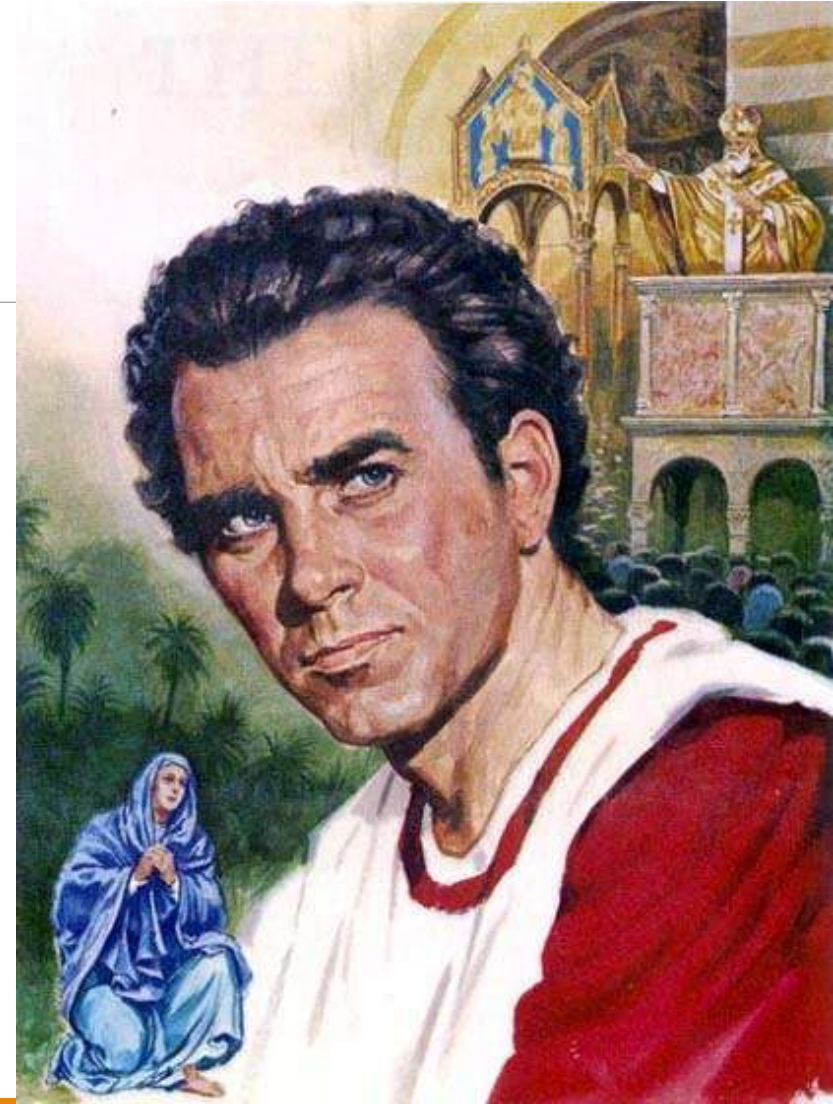
- Born in 354 in Northern Africa (Algeria) and died in 430 during Roman rule
- From Non-Believer > Christian > Bishop > Saint & Father of the Catholic Church
- His writings are studied and valued from other Christian denominations
- He is the Spiritual Father at Sacred Heart Parish (King City)



# A Story of Hope & Love

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- St. Augustine's mother never stopped praying for her son to find his way to God
- His close and loving friendships were dear to him
- The importance of community was centre to St. Augustine's thinking
- His clerical supporters believed in his ability to be a pastor and leader
- He preached on love, compassion, & hospitality (among many topics)





# Sermon 164A (before 396 AD): Almsgiving for All

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- We are to perform good acts to everyone
- Especially be good the those of faith
- Do not close your heart to others, even if hostile towards us ...
- But take sinners to task ... God also hates the sinning



# Sermon 164A (before 396 AD): Almsgiving for All

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So then, we are not to support sinners, precisely insofar as they are sinners; and yet because they are also human beings, we must treat them too with humane consideration. Let us relentlessly pursue their own wickedness in them, while showing mercy to their and our common condition. And in this way, *let us be tireless, while we have the time, in doing good to all, though supremely to those at home in the faith* (Gal 6:10).

# Sermon 179 (before 409 AD): Listening & Doing as Love

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- Remind us to be hearers of the Word ... quicker to listen than to speak
- Confides that he receives joy, enjoyment, pleasure, and satisfaction *more when listening* than preaching
- Listening to the Word as spiritual food, bread for our soul
- But, you deceive yourself if you don't act





# Sermon 179 (before 409 AD): Listening & Doing as Love

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What a good thing, though, it is to listen, the Lord himself attests, when he speaks about Mary who was sitting at his feet and listening to his word. When her sister, you see, distracted with the serving, complained that she had been deserted by her own sister, what she heard from the Lord she had appealed to was: *Martha, Martha, you are busy with many things; for all that, one thing is needed. Mary has chosen the better part, which shall not be taken away from her* (Lk 10:41-42). Was it something bad, then, that Martha was doing? Can any of us find suitable words to express what a wonderfully good thing it is to offer hospitality to the saints? If to any saints at all, how much more to the head and chief members, Christ and the apostles? Don't all of you who practice this excellent virtue of hospitality, when you hear what Martha was doing, don't you all say to yourselves, "O blessed, O lucky woman, to have the honor of receiving the Lord; whose guests turned out to be the apostles, walking about in the flesh!" And you mustn't lose heart either, just because you can't do what Martha did, welcome Christ into your house with his apostles; he himself reassures you: *When you did it for one of these least of mine, you did it for me* (Mt 25:40).

So it's a great work, a really great work, which the apostle enjoins on us when he says, *contributing to the needs of the saints, practicing hospitality* (Rom 12:13). He also praises it in the letter to the Hebrews, when he says, *This way some people have entertained angels unawares* (Heb 13:2). So it's a great service, a great gift. And yet *Mary has chosen the better part*; because while her sister was worrying and slogging away, and taking care of all sorts of things, she was unoccupied, sitting down, listening.



# Sermon 217 (approx. 418 AD): Christians as Humble Servants

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- The Body of Christ is God's Temple
- Christian Bodies are Members of Christ
- Our Body is Temple of Holy Spirit
- We must “do good in the bad place, in order to get to the good place”



# Sermon 217 (approx. 418 AD): Christians as Humble Servants

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You won't be able to move to the good place from the bad place unless you do good in the bad place. What sort of place is that other? One where nobody goes hungry. So if you want to live in the good place where nobody goes hungry, in this world *break your bread to the hungry* (Is 58:7). Because in that blessed place nobody is a foreigner, and all are living in their own native land; then if you wish to be in the good place, whenever in this bad place you find a foreigner who has nowhere to go, welcome him into your home. Show hospitality in the bad place, in order to get to the place where you cannot be a "guest worker." In the good place nobody is in need of clothes; there is no cold weather there, no hot weather. What need of shelter, what need of clothing? There will be no shelters there, but there will be protection; "so in fact even there we find shelter: *under the shadow of your wings will I hope* (Ps 57:1). So in this bad place provide shelter for the person who has none, so that you may find yourself in the good place, where you can enjoy such shelter that you need never want to patch your thatch. After all, there are no showers of rain there, but instead a perennial fountain of truth. But the shower from this makes you glad, not wet; this shower is the fountain of life itself. What's the meaning of *Lord, with you is the fountain of life* (Ps 36:9)? It means, *And the Word was with God* (Jn 1:1).<sup>11</sup>

# Compassion for Hospitality

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KATHY MATUSIAK COSTA

EXECUTIVE DIRECTOR, COMPASSIONATE COMMUNITY CARE

# What Does Loneliness Look Like?

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# Loneliness is a Silent Epidemic

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- Show Video:

- [https://www.youtube.com/watch?v=Wj71G\\_CCAto](https://www.youtube.com/watch?v=Wj71G_CCAto)

- OR

- <https://www.youtube.com/watch?v=V5EsxU84ay4>

# Catholic Dictionary

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## HOSPITALITY

The virtue of kindness and generosity toward guests. It is characterized by the spirit of welcome to visitors and strangers, and is one of the conditions for salvation, foretold by Christ: "I was a stranger and you made me welcome" (Matthew 25:36).

Hospitality is love.

Hospitality grows from earnest witness and invitation to those outside the church's walls. It means **demonstrating Christ-like love to the community around the church.**

[Hospitality is an important ecumenical virtue, pope says \(https://www.ncronline.org › vatican › francis-chronicles\)](https://www.ncronline.org › vatican › francis-chronicles)

Jan 23, 2020 — **The pope said ecumenical hospitality means showing God's love to others and "a willingness to listen to other Christians, paying attention to ..."**

**The virtue of hospitality, he added, "means recognizing that other Christians are truly our brothers and sisters in Christ."**



Compassion for Hospitality means Caring  
for our own:

Being With. (Caring Not Killing)

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COMPASSIONATE COMMUNITY CARE  
PRESENTATION



# Caring for our own

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The culture of abandonment associated with assisted death can be changed when we care for others.

It is essential that people who feel that their life lacks value or purpose, or feels that no one cares are offered purpose, support and genuine hope from their significant community.

The answer is to care and be with others as they journey through the difficult times of their life.





# Caring for our own

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A recent Copenhagen University study found:

- *“women who described themselves as lonely were three times more likely to die within a year of a heart attack than those with an active social life; and men who described themselves as lonely were twice as likely to die within a year.”*

Patients who were lonely were also three times more likely to be anxious, depressed and they reported a lower quality of life.

# Caring for our own

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A survey of 1,896 seniors, 65 and older, in the UK: more than one in five (22%) said they have a conversation with no more than three people over the span of an entire week!

**“a quarter of older adults said it makes them feel good when someone smiles or acknowledges them while waiting in line at places like the bank or grocery store.”**

One in five would be thrilled if someone stopped to ask them how their day had gone.”



# Caring for our own

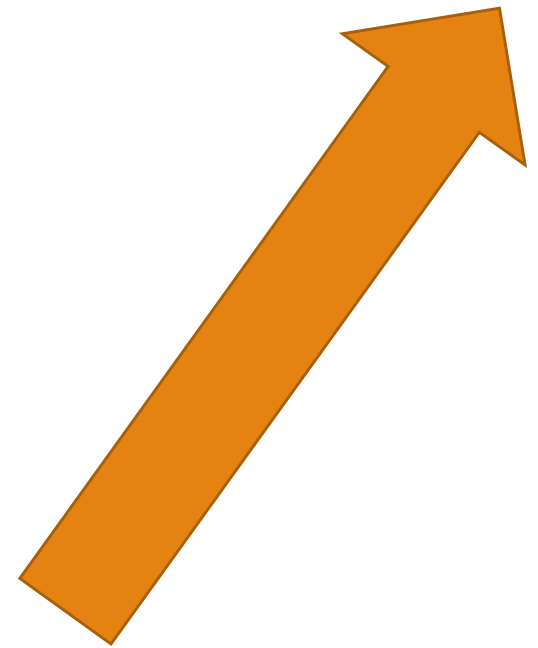
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When euthanasia was legalized in Canada, many people thought that it would only impact a few people.

In Canada there were 5661 assisted deaths in 2019 and 7603 assisted deaths in 2020 and 10,064 assisted deaths in 2021. 1740 people listed loneliness and isolation as their reason for asking for euthanasia.

From June 17, 2016 – June 30, 2022; there were 11620 reported assisted deaths in Ontario.

**What is more concerning is that the trend is up.**



# Caring for our own

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A Irish study that was conducted over a 6 year period found that a wish to die (WTD) was most often linked to loneliness and depression.

The study followed **8174 people over the age of 50** and found that **3.5%** of the people had a WTD.

Those who had a WTD, 72% were identified as lonely and 60% had significant depressive symptoms.

**We need a culture that cares, not one that kills.**



# Caring for our own

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Why do people ask for euthanasia (MAiD)?

We are told that people ask for euthanasia because of pain or suffering, but the data suggests that very few people ask for death for these reasons.

There are some people who are radical autonomists who are demanding death by lethal drugs.

Most people ask for death because they are at a difficult time of their life and they **feel lonely, depressed, socially isolated, have lost hope and purpose.**

# Caring for our own

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## **Euthanasia threatens my life?**

Human experience tells us that it is normal for a person, who is experiencing serious illness or personal difficulties and loneliness will: fear for their future, question their purpose for living, experience existential distress, or situational depression, or lose hope.

**Suffering alone, loneliness, isolation, depression, loss of hope or purpose, are leading reasons why people ask for death and all of us experience these feelings.**



# Caring for our own

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**By being with others, you can make a difference in their lives and you help protect people from euthanasia.**

The Compassionate Community Care charity was created to help people who experience difficult health conditions and to provide a training program for people to visit those who are living with loneliness and social isolation.

The Compassionate Community Care volunteer training program gives you the tools to visit and be with others.

**We can change the world one person at a time. We can protect people by caring.**



# Caring for our own

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By visiting, journeying with, being with and caring for others we:

- *affirm a persons purpose for living,*
- *reduce their loneliness and isolation,*
- *help them find a way through their depression and isolation and alley their fear of suffering.*

God created us to be with others.

Inter-connectedness is essential to the human person.





# Caring for our own

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We are all affected by the legalization of euthanasia, because we are all human and we all experience the similar human emotions and feelings.

**Cultural loneliness affects our health, it affects our quality of life and it can be a threat to our life.**

**We are focusing on visiting the lonely and caring for our own, our members and parishioners.**

**It is our goal to replace the culture of death with a culture of care.**



# Compassionate Community Care

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383 Horton St.

London ON N6B 1L6

[info@beingwith.org](mailto:info@beingwith.org)

[www.beingwith.org](http://www.beingwith.org)

Helpline: 1-855-675-8749

Charitable registration #824667869RR0001



# Refreshment Break

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# Compassion for Hospitality

## Continued: Training to Action

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KATHY MATUSIAK COSTA

EXECUTIVE DIRECTOR, COMPASSIONATE COMMUNITY CARE



# **Being With** Training Program

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# Why We Visit

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Lack of companionship

Reducing loneliness and Isolation

Watch for signs self-neglect or abuse

Provide a sense of belonging and value



# Our Human Needs

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Physical

Mental

Social

Spiritual

# Visiting Advice

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## Before You Go

Your requirements include a criminal background check, vulnerable sector check

Dress appropriately

Arranging the visit

What do you do?

## Visiting Advice

When you arrive

Communication

Non-verbal communication

Emotions

Conversation tips

Ending the visit, After the visit



# When You Arrive

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Hand hygiene

Commencing the visit

Introduce yourself to others in the room.

During the visit

- be attentive
- be sensitive
- be kind

Communication: Verbal and Non-Verbal



# After the Visit

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Keep a journal

Evaluation

Think of opportunities for enrichment

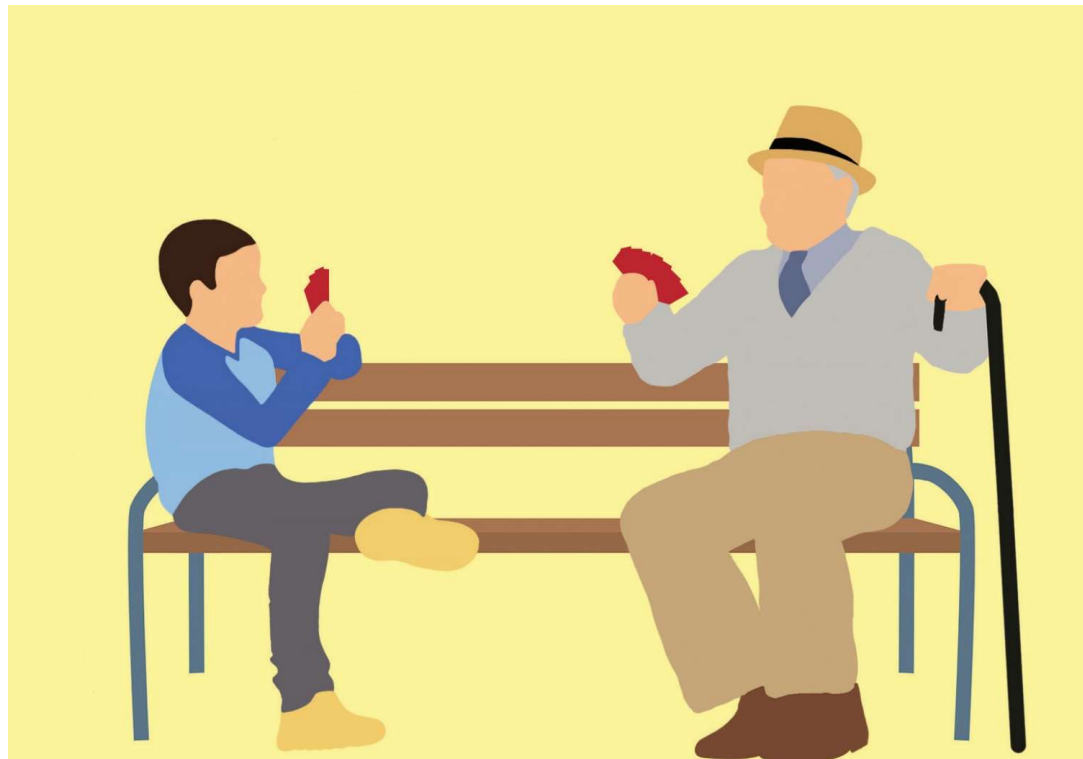
If you have concerns

- speak to your supervisor or
- CCC helpline 1-855-675-8749
- CCC Office 519-439-6445



# My Story Matters

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# My Story Matters

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Depression

Generativity

Loneliness

Self-Awareness and Self-Discovery

Self-Esteem

Social Isolation

Trauma



# My Story Matters

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Recalling events, feelings or key topics

Sharing memories

A form of healing for the person

Improves cognitive function

They have an important place in the world

Practical level

Reviewing one's life and writing down one's story has many benefits.

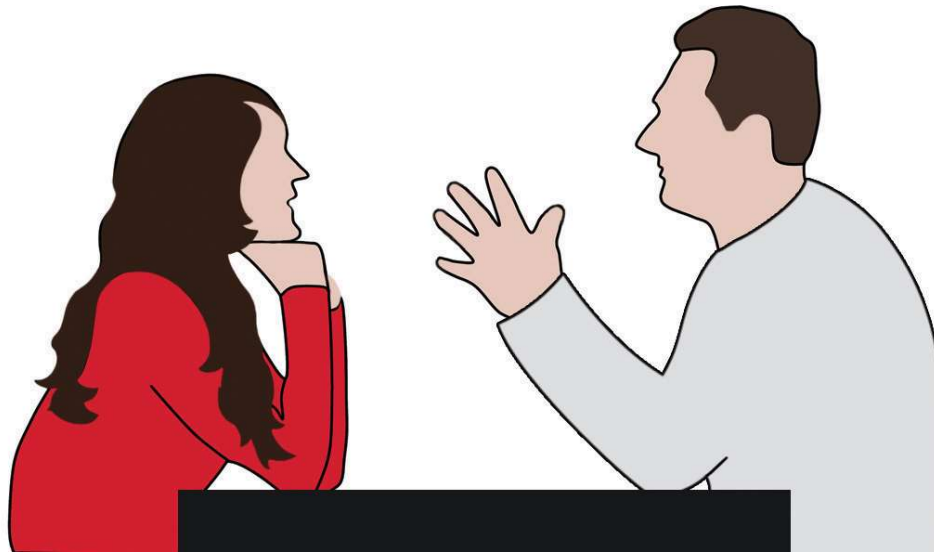
# Basic Questions

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# Communicating with People with Disabilities

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# Communication Tips

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Don't make decisions for others

Speak directly to the person

Avoid disempowering words

Be sensitive about physical contact

Quiet environment



- *“do unto others as you would have them do unto you”*



# Advocacy at the Doctor's Office

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# Why Might Someone Need an Advocate

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- Trouble stating their feelings/ about their physical pain
- Afraid to speak out
- Lack of understanding
- May be too ill to speak up

A support person who can help the person:

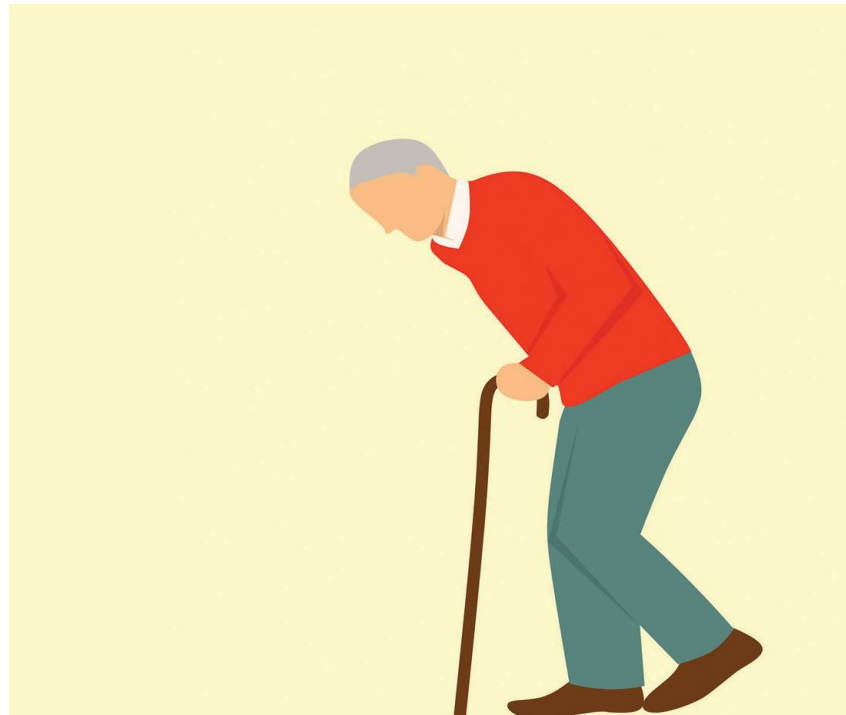
- Stand up for their rights
- Obtain and maintain opportunities
- Gain access to supports and services
- Talk with their healthcare providers

**You must keep the person's information CONFIDENTIAL**



# Elder Abuse and Other Problems

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# Signs of Abuse

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- Sores or injuries (burns, pressure sores, bruises, fractures)
- Vague or implausible reasons for injury
- Not seeking care for an injury (wound smells, not healing, contact marks)
- Messy, unclean appearance
- Malnutrition, weight loss
- Dehydration (Sleepiness, confusion)
- Afraid of someone
- Financial fraud
- Exploitation
- Sexual abuse





*Gain the confidence to journey with those who are suffering, socially isolated, sick, or dying, to renew their hope and purpose in life.*

**You're Invited!**

***Being With Volunteer Training***

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**FREE Online Training –  
Live on Zoom!**

Workshop is two sessions, each session is two hours:

Tues Oct 11th 7-9 p.m. EST &

Wed Oct 12th 7-9 p.m. EST

*Register Now:* Meeting capacity is limited to 100 participants

**COMING  
SOON!**



# PATIENT ADVOCACY PROGRAM







# Sponsor Alex's run for Compassionate Community Care!

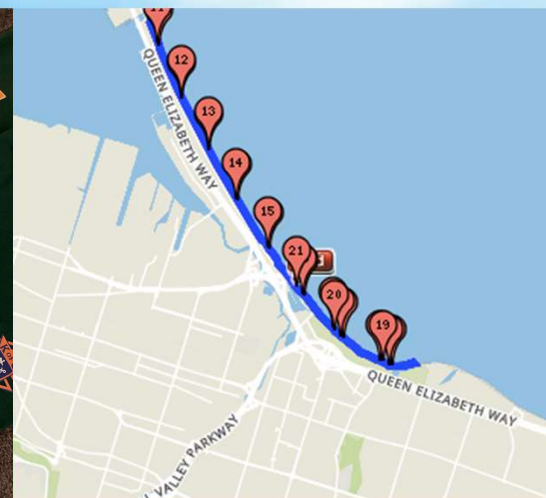
HALF  
MARATHON

HAMILTON  
BAY

SEPTEMBER  
24, 2022



Your donation goes  
to Compassionate  
Community Care



# Compassionate Community Care

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Donations to Compassionate Community Care or contact information.

Compassionate Community Care

383 Horton St., London ON N6B 1L6

[info@beingwith.org](mailto:info@beingwith.org) [www.beingwith.org](http://www.beingwith.org)

Helpline: 1-855-675-8749

Charitable Registration #824667869RR0001





# Accessibility & Screening

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MICHAEL DENOBREGA

VOLUNTEER COORDINATOR, SACRED HEART PARISH

# Parish Volunteer Screening Program

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STRENGTHENING THE CARING COMMUNITY



# The Primary Goal of Screening:

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To safeguard, in all respects, those we minister to, and the most vulnerable

To support the parish volunteers and clergy in preserving their safety, integrity, and reputation

To ensure that we fulfil our “duty of care” and moral and legal obligation as a faith community

# Mandatory Screening Steps?

Ministry positions are assigned a “High” or “General” risk level based on responsibility, government laws and regulations, participant vulnerability, and volunteer exposure

## General Risk:

1. Application Form
2. Ministry Position Description Review
3. Training (AODA)
4. Volunteer Acknowledgement and Agreement Form

Screening is not only the right thing to do  
but it is a legal requirement!!

## High Risk:

1. Application Form
2. Ministry Position Description Review
3. Interview (with Father John)
4. Reference Check (3 required for adults & 2 for minors)
5. Criminal Record and Annual Declarations
6. Training (AODA – Accessibility for Ontarians with Disabilities Act)
7. Volunteer Acknowledgement and Agreement Form

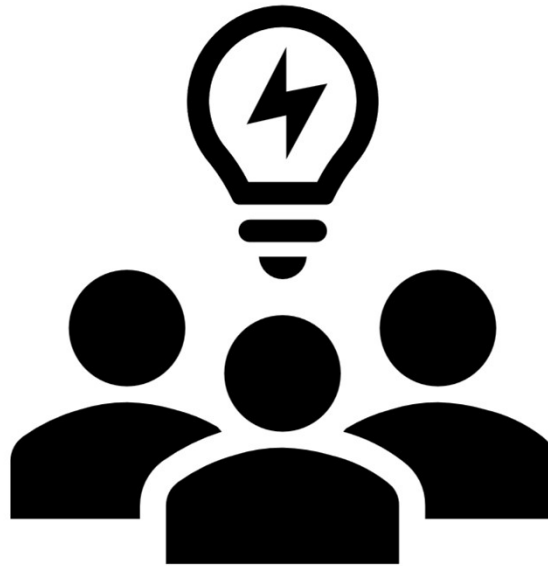
# What's Next?

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JEREMY PAULUS - HOSPITALITY MINISTRY COORDINATOR, SACRED HEART  
PARISH

# Reflections & Actions

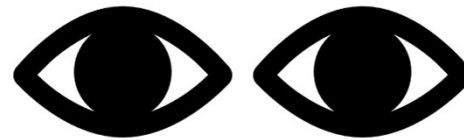
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# Hospitality Ministry Vests

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- Starting this Advent
- Helps to identify us
- Modeling hospitality



# Depart in Peace

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